

NEWSLETTER

FEBRUARY-2025



**RASHID LATIF KHAN
UNIVERSITY**



**RASHID LATIF
MEDICAL COLLEGE**



**RLKU
MEDICAL COLLEGE**



**ARIF MEMORIAL
TEACHING HOSPITAL**



**HAMEED LATIF
TEACHING HOSPITAL**

RASHID LATIF KHAN UNIVERSITY (RLKU)

(MOU) WITH HONDA RING ROAD BRANCH!

EXCITING NEWS!

We are thrilled to announce that Rashid Latif Khan University (RLKU) has signed a Memorandum of Understanding (MOU) with Honda Ring Road Branch!

This partnership brings exclusive benefits to our students, faculty, and staff, including:

- Discounts on Honda vehicles
- Priority services
- Special offers and promotions

We are grateful for this collaboration and look forward to providing our community with enhanced facilities and services!



ALLIED HEALTH SCIENCES (AHS)

Hands-on training workshop on data analysis techniques using statistical software

A hands-on training workshop on data analysis techniques using statistical software was organized in collaboration with Rashid Latif School of Business for students of Allied Health Sciences on February 24, 2025. The workshop featured Zeeshan Maqsood as the resource person, with participation from Dr. Atia Ur Rehman (HOD, AHS), Dr. Nauman Zaheer (HOD, RLSB), and Dr. Shafqat Rehman. At the conclusion of the workshop, a shield was presented to the resource person as a token of appreciation by the Head of AHS and the Rashid Latif School of Business.

RASHID LATIF KHAN UNIVERSITY (RLKU)

ALLIED HEALTH SCIENCES (AHS)



DOCTOR OF PHYSICAL THERAPY (DPT)

Awareness Session on Certified course in Sports and Functional Rehabilitation.

Rashid Latif Khan University, College of Physical Therapy organized “Awareness Session on Certified course in Sports and Functional Rehabilitation” on 28th January 2025. This course will highlight Doctor of Physical Therapy students with essential knowledge and practical skills to excel in the field of sports rehabilitation.



RASHID LATIF KHAN UNIVERSITY (RLKU)

DOCTOR OF PHYSICAL THERAPY (DPT)

Career counseling session for first-semester DPT students

Embarking on a journey in the Doctor of Physical Therapy (DPT) program is a significant step toward a fulfilling career. To support and guide students in making informed career choices, Rashid Latif Khan University, College of Physical Therapy organized a comprehensive “Career counseling session for first-semester DPT students” on 15th January 2025. This session aims to provide valuable insights into the field of physical therapy, helping students understand career prospects, skill development, and future specialization opportunities.



DOCTOR OF PHYSICAL THERAPY (DPT)

Scientific manuscripts writing for publication

Rashid Latif College of physical therapy organized workshop on “Scientific manuscripts writing for publication” on 13th February 2025. This workshop is designed to equip researchers, academics, and students with the essential skills to effectively communicate their findings, navigate the publication process, and increase their chances of acceptance in peer-reviewed journals.



RASHID LATIF KHAN UNIVERSITY (RLKU)

PRO VICE CHANCELLOR, **PROF. DR. RUKHSANA KAUSAR**

One-Day Provincial Consultative Workshop

Prof Dr. Rukhsana Kausar, Pro Vice Chancellor RLKU, participated in One-Day Provincial Consultative Workshop in Lahore.

“Development of national health & development policy 2025-34”

Organized by Ministry of Health Services, Regulations & Coordination (MoNHSRC) Islamabad



PRO VICE CHANCELLOR, **PROF. DR. RUKHSANA KAUSAR**

Participated in the 17th Meeting of the Syndicate, University of Jhang

Held in the committee room, Punjab Higher Education Commission, Arfa Software Technology Park, Ferozpur Road Lahore.



RASHID LATIF KHAN UNIVERSITY (RLKU)

PRO VICE CHANCELLOR, **PROF. DR. RUKHSANA KAUSAR**

RLMC CONVOCATION

Participated in RLMC convocation along with chief guest **Rashid Latif Khan Sb. and Madam Sabahat**.
Held at RLMC Auditorium.



SIGN MOU WITH COLARAZ

Rashid latifkhan university sign mou with colaraz company for 2025 admissions campaign



RASHID LATIF KHAN UNIVERSITY (RLKU)

RASHID LATIF COLLEGE OF PHARMACY

Emerging Entrepreneur Award

We are thrilled to announce that Prof. Dr. Humayun Riaz, Principal of Rashid Latif College of Pharmacy, has been honoured with the Emerging Entrepreneur Award of the Year!

This prestigious recognition highlights Prof. Dr. Humayun Riaz's visionary leadership, unwavering dedication, and remarkable contributions to advancing pharmaceutical education and healthcare innovation. Under his guidance, RLCP has flourished as a hub of academic excellence, research, and entrepreneurial success.

This achievement is a proud moment for our entire RLCP family! Let's celebrate this milestone and continue striving for greatness.



RASHID LATIF COLLEGE OF PHARMACY

Honouring Our Principal's Legacy

We are proud to share that our worthy Principal, Prof. Dr. Humayun Riaz, an esteemed alumnus of the University of the Punjab, Lahore, attended the prestigious Alumni Dinner hosted by his alma mater.

The event was a wonderful opportunity to reconnect with fellow alumni, celebrate shared achievements, and discuss the future of pharmacy education. Dr. Humayun Riaz's journey from a dedicated student to a visionary leader truly inspires the next generation of pharmacists.

A highlight of the evening was his reunion with Prof. Dr. Syed Atif Raza, the current Principal of the Punjab University College of Pharmacy, who was his classmate during their academic journey.



RASHID LATIF KHAN UNIVERSITY (RLKU)

RASHID LATIF COLLEGE OF PHARMACY

University of Sargodha Visit

We are delighted to announce that the Affiliation Committee of the University of Sargodha recently visited the Rashid Latif College of Pharmacy (RLCP) and expressed complete satisfaction with our facilities, faculty, and educational standards.

This positive evaluation reaffirms RLCP's commitment to providing top-tier pharmacy education. Our state-of-the-art infrastructure, well-equipped laboratories, and highly qualified faculty ensure that our students receive the best possible training to excel in their professional careers.

We extend our heartfelt gratitude to the University of Sargodha for their continued support and recognition. Together, we strive to advance pharmaceutical education and contribute positively to the healthcare sector.



RASHID LATIF DEPARTMENT OF PROFESSIONAL PSYCHOLOGY (RLDPP)

Office bearers selection for Character Building, Health and Wellbeing and Dramatics Society

Rashid Latif Khan University (RLKU) has taken a remarkable initiative in establishing various student societies, fostering personal growth and extracurricular engagement. Supervisors from different departments conducted extensive interview exercises to ensure the selection of capable and dedicated office bearers. Ms. Mahrukh Mumtaz and Ms. Wajiha Abrar led the interview process for the Character Building, Health & Well-being, and Dramatics Societies, providing students with an opportunity to showcase their leadership potential. Enthusiastic participants from diverse departments across the university took part in the interviews, and after a rigorous selection process, the office bearers for these societies have now been appointed.



RASHID LATIF KHAN UNIVERSITY (RLKU)

RASHID LATIF DEPARTMENT OF PROFESSIONAL PSYCHOLOGY (RLDPP)

2nd Asia-Middle East-Africa Conference on Academic & Research Integrity (ACARI 2025)

The University of Lahore hosted the 2nd Asia-Middle East-Africa Conference on Academic & Research Integrity (ACARI 2025), bringing together experts from around the world to discuss academic integrity and research ethics. Rashid Latif Khan University (RLKU) proudly nominated Ms. Mahrukh Mumtaz and Dr. Atia Ur Rehman to represent the institution at this prestigious three-day event. Prof. Dr. Rukhsana Kausar, Pro VC, RLKU also participated in Panel Discussion of VCs and Rectors on the 3rd Day of the Conference. Attending on behalf of RLKU, Ms. Mahrukh had the opportunity to engage in insightful discussions led by distinguished international speakers. The conference provided a valuable platform for enhancing knowledge, fostering academic collaboration, and expanding professional networks in the field of research integrity.



RASHID LATIF MEDICAL COLLEGE (RLMC)

DEPARTMENT OF GYNECOLOGY AND OBSTETRICS

CME Workshop

We're thrilled to announce an insightful talk on 'Pregnancy and Psychotropics' with renowned Psychiatrist Prof. Nasar Sayeed Khan and team, organised by respected Prof. Asma Yasin, (HOD Obstetrics and Gynaecology Department).



DEPARTMENT OF MEDICAL EDUCATION

MoU Signing between RLK Group and Chaudhry Muhammad Akram Teaching & Research Hospital

On February 12, 2025, a significant Memorandum of Understanding (MoU) was signed between RLK Group and Chaudhry Muhammad Akram Teaching & Research Hospital, further strengthening the collaboration between the two prestigious institutions. This partnership aims to enhance medical education, research, and clinical training for students and professionals. We would like to thank Prof. Dr. Abul Fazal and Prof. Dr. Faheem for their efforts.



RASHID LATIF MEDICAL COLLEGE (RLMC)

DEPARTMENT OF MEDICAL EDUCATION

MoU with Chughtai Laboratories for Electives Program

On January 6, 2025, Rashid Latif Medical College, with the continuous efforts of Prof. Dr. Abul Fazal, proudly signed a Memorandum of Understanding (MoU) with Chughtai Laboratories to establish an innovative Electives Program for its students. This collaboration marks a significant milestone in the college's ongoing efforts to enhance practical exposure and academic opportunities for future medical professionals.



DEPARTMENT OF MEDICAL EDUCATION

MoU Signing between Rashid Latif Medical College and Aziz Jehan Begum Trust for the Blind (AJBTB)

RLK Group is proud to announce the signing of a Memorandum of Understanding (MoU) with Aziz Jehan Begum Trust for the Blind (AJBTB). This partnership will enable our students to visit the trust as part of their curriculum, fostering empathy, understanding, and social responsibility.

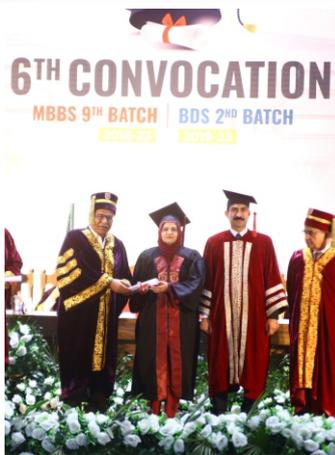
The MoU was formalized in a meeting attended by esteemed representatives from AJBTB. We extend our gratitude to Prof. Dr. Mudassir Ali, Dr. Babar Wattoo, and Dr. Kainat Javed for hosting this significant meeting.



RASHID LATIF MEDICAL COLLEGE (RLMC)

6TH CONVOCATION

Rashid Latif Medical College celebrated its 6th Convocation on February 25, 2025, honoring the achievements of MBBS Batch 9 (2018–2023) and BDS Batch 2 (2019–2023). The prestigious event was graced by the honorable Chief Guest, Dr. Amjad Saqib, Founder and Executive Director of Akhuwat Foundation, whose inspiring presence added to the significance of the occasion. The institution extends special gratitude to Prof. Dr. Tahir Masood and Prof. Mudassar Ali for their tireless efforts and invaluable contributions in making the convocation a remarkable success.



Workshop: Mastering the Basics of Clinical Trials

The "Mastering the Basics of Clinical Trials" workshop was successfully conducted on February 20th, 2025. The session, led by Prof. Dr. Tazeem Shahbaz, Director of the Research Cell and HOD of Community Medicine and Public Health, provided valuable insights into the fundamentals of clinical trials. Dr. Ahmad Abdullah and Dr. Fatima Ijaz, co-facilitated the session, offering expert guidance. The workshop was attended by faculty members and postgraduate students, who engaged in enriching discussions and practical learning.



RASHID LATIF KHAN UNIVERSITY (RLKUMC)

HR DEPARTMENT

Workshop on 'Ethics'

HR department recently (27th February 2025) conducted a successful workshop on 'Ethics'. The session was well-attended and provided valuable insights on maintaining a culture of integrity and professionalism in the workplace.

The workshop covered key topics such as code of conduct, conflict of interest, and confidentiality. RLKU Medical College employees actively participated in discussions and engaging activities, demonstrating their commitment to upholding the highest ethical standards.



DEPARTMENT OF CARDIOLOGY

Journal Club Medicine & Allied Group

The first meeting of Journal Club Medicine & Allied Group took place on Thursday, 6th February 2025. Department of Medicine, Department of Dermatology, Department of Community Medicine, Department of Peads, Department of Psychiatry and Department of Cardiology attend meeting. An article recent publish in BMJ about unethical practices by the general Physicians of Karachi area was discussed. A healthy debate followed whereby the strength and weaknesses of the study work thrashed out. Next Journal Club will be presented by Dr. Zubair Department of Cardiology.



RASHID LATIF KHAN UNIVERSITY (RLKUMC)

LEADERSHIP EFFECTIVENESS IN HEALTHCARE

Pre-conference workshop

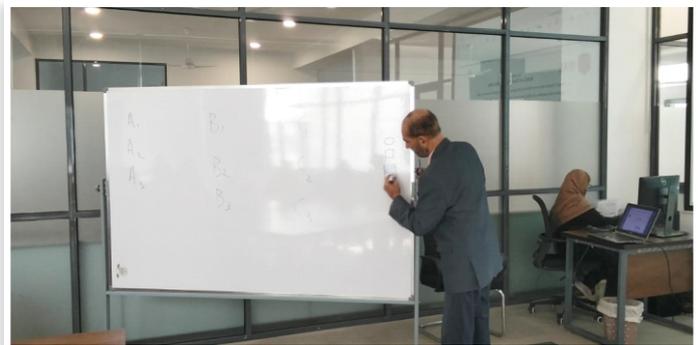
A pre-conference workshop on “LEADERSHIP EFFECTIVENESS IN HEALTHCARE” through the platform of SOGP Lahore chapter on 27th of February 2025 was organized by Prof. Dr. Shaila Anwar, HOD department of OBS & Gynae HLTH, and her team at RLKUMC/HLTH. Faculty from basics and clinical departments, students, medical officers and post graduate trainees attended the workshop. The mentor of mentors, Prof. Dr. Rashid Latif Khan delivered a lecture emphasizing to develop leadership skills to improve patient care, enhance communication and collaboration among healthcare teams, foster a culture of innovation and continuous leadership, build resilience and well-being in healthcare leaders, conflict resolution and negotiation in healthcare and ability to adapt to changing circumstances, priorities, and environments.



MCQs TRAINING SESSION

"Ensuring Quality in assessing MCQs: Best Practices for Faculty"

1. After a brief introduction, the participants were explained about the challenges encountered during MCQs assessment in last 2 years. Common pitfalls were highlight and the faculty was detailed about consequences of inaccurately assessed MCQs in block and mid-modular exams.
2. Hands-On Activity: Reviewing Sample MCQ papers. All participants were provided MCQs papers to assess, 10 minutes were allocated to each, using the bubble sheet.
3. Key points were revised, and participants were invited to ask questions and relevant feedbacks were noted by the facilitator.



DEPARTMENT OF OBS & GYNAE

Pre-Conference workshop on "WHO Labour Care Guide"

The Department of Obs & Gynae, RLKUMC/HLTH conducted a Pre-Conference workshop on "WHO Labour Care Guide" through the platform of SOGP Lahore Chapter on 12-02-25 at RLKUMC/HLTH. This workshop aimed to equip healthcare professionals with the knowledge and skills necessary to implement the WHO Labour Care Guide in their clinical practice to improve quality of care for women during labour and childbirth. Renowned Professors from the field of Obs & Gynae shared their knowledge on importance of respectful maternity care and need to prioritize women's autonomy and dignity during labour and childbirth. Challenges and barriers and strategies for overcoming these challenges were also discussed by speakers. Postgraduate trainees, medical officers attended the workshop and scenario-based interactive stations were organized for participants. Participants participated actively in case scenarios. The workshop achieved its objective of introducing the participants to the WHO Labour Care guide and implement it in their clinical practice for improving outcomes for women and new-borns and enhanced quality of care.

RASHID LATIF KHAN UNIVERSITY MEDICAL COLLEGE (RLKUMC)

DEPARTMENT OF OBS & GYNAE



MEETING OF "INNOVATE RLK GROUP"

Meeting of "Innovate RLK Group" took place here by:

- | | |
|--------------------------------|---|
| 1) Ms. Sabahat Khan | CEO |
| 2) Prof. Arif Mahmood Siddiqui | Principal RLKU Medical College |
| 3) Prof. Faheem Mahmood | Vice Principal RLKU Medical College |
| 4) Prof. Dr Mudasar | Vice Principal Rashid Latif Medical College |
| 5) Dr. Asim Zia | HOD Forensic Medicine |
| 6) Dr. Naureen Omar | Director Medical Education RLKUMC |
| 7) Dr. Kainat Javed | Director Medical Education RLKMC |

They participated a healthy brain storming session followed in which various parts of academic excellence were deliberated upon. This group aims to bringing new ideas and innovate techniques to make these Medical Colleges distinct from routine.



RASHID LATIF KHAN UNIVERSITY MEDICAL COLLEGE (RLKUMC)

ANNUAL PHOTOGRAPHY DAY

RLKU Medical College celebrated its Annual Photography Day, an event that brought together our faculty and staff to capture memories and strengthen our sense of community.

This year's photography session was a wonderful opportunity for our team members to come together, relax, and have some fun. It was a celebration of our collective spirit and a testament to the strong bonds that exist among our faculty and staff.

The Annual Photography Day is an integral part of RLKU Medical College efforts to promote a positive and inclusive work environment. We believe that such events foster a sense of belonging, promote teamwork, and provide a platform for our team members to connect with each other on a personal level.



"WORLD CANCER DAY"

Principal RLKU Medical College, Prof. Dr Arif Mahmood Siddiqui was invited by University of Central Punjab for a radio talk on "World Cancer Day".

Prof. Arif Mahmood Siddiqui spoke about why cancer occurs, how to diagnose cancer early, What are common cancers in Pakistan & what are their ways in which cancer can be treated.

The talk was aired FM Radio 92.6 and was highly appreciated by listeners.

World Cancer Day
4th February 2025

Host: Dua Ahmad
Guest: Dr Arif Mahmood

AT: 06:00 PM
FM RADIO 92.6
UCP KI DUNYA

FOLLOW US:

MCQs TRAINING SESSION

"Ensuring credibility and consistency in SEQ assessment"

Conducted by: Dr Umer Saeed, Director Examination, RLKUMC

Organized and facilitated by: Dr Noureen Omar, Director Medical Education

1. OBJECTIVES OF THE SESSION:

- ◆ To inform the faculty about challenges encountered in last 2 years.
- ◆ Discuss the importance of uniform and consistent SEQs assessment.
- ◆ Central checking protocols for the nominated faculty.

2. SESSION HIGHLIGHTS:

- ◆ All participants were shown common biases encountered during assessment, and strategies to minimize them. Uniform SEQs checking protocols were discussed, and it was reiterated to prepare robust and standardized rubrics for the block exams.
- ◆ There was interactive discussion on previously assessed SEQ papers, and frequency of re-checking requests by the students.
- ◆ About 20 senior faculty members of the college attended the session, and actively engaged in the training session.



WORKSHOP NAVIGATE YOUR RESEARCH JOURNEY

A motivational workshop for aspiring healthcare professionals

Conducted by: Dr Umer Saeed, Director Examination, RLKUMC

Prime objectives of the training session:

The workshop aimed to motivate article writing and develop skills among the aspiring health care professionals. It provided an invaluable opportunity to all faculty to craft a title and hands-on AI tool vital for article writing and text generation.

All participants showed enthusiasm in learning the skills, and at the end of the session, most of the participants enrolled their names for research and scientific writing, with assistance from the facilitator

